

Unleash The Talents Within

A Forum For Retired Executive & Professional

Tentative Programme

- 08.30am Registration & Refreshment
- 09.30am Welcome Remarks by Tan Sri Dato' Soong Siew Hoong
ACCCIM Executive Adviser cum Chairman of International Trade and Industry (ITI) Committee
- 09.40am Keynote Address by Tan Sri Dato' Soong Siew Hoong
- 10.00am Brief Intro of Project and Introduction of Speakers
By Partner JCSM HRC Global, **Mr Soo Ho Hock Meng**
- 10.10am Avenues available for Retirees - Introduction to ERA
By Vice President of ERA, **Mr Soo Cheong Futt**

Mr. Soo Cheong Futt, previously held a senior position in Malaysia Productivity Corporation (MPC), Malaysian Textile Manufacturers Association (MTMA) and Malaysian Textile and Apparel Centre (MATAAC). He has dedicated his entire career in serving the Malaysian industries as well as their members. He has published several research materials especially in productivity improvement. After retiring from a full-time employment, Mr. Soo continues to be involved in several commercial and industrial associations as well as in training and consultancy.

- 10.25am Inspiration - Life After Retirement
By **Encik Mahbob Abdullah**

Encik Mahbob Abdullah chose planting as career in the early 1960s when most plantations were growing rubber, and later joined oil palm estates, mainly with Unilever Plantations in Malaysia, including Sabah. He later joined Sime Darby in the refineries business producing edible oils in Johor, Singapore, Thailand and Egypt. On his retirements he has become a consultant on plantations management and refineries.

- 10.55am Getting into the Right Frame of Mind
By **Dr. Andrew Mohanraj**

Dr Andrew Mohanraj is a Malaysian psychiatrist who set up the Aceh Psychosocial Rehabilitation Programme after the tsunami of 2004. He is also a WHO-recognised consultant on community psychiatry. Dr Andrew is also a World Health Organisation mental health expert and member of the Mental Health Promotion Advisory Council to the Minister of Health, Malaysia, 2011.

- 11.35am Discussion and Q & A
- 12.05pm Closing Remarks
- 12.10pm Feedback Forms
- 12.25pm Interaction
- 01:00pm End